



# Dr. Rachel Griffith

## Biology Professor Trains Future Doctors in Service

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Dallas Baptist University has been blessed throughout the years with some wonderful faculty members who go above and beyond the call of duty to help students achieve their God-given callings. One such example of these dedicated instructors is Dr. Rachel Griffith, who serves DBU as an adjunct professor of biology.

After graduating from Dallas Baptist College in 1973, Dr. Griffith went to medical school at the University of Texas Medical Branch at Galveston. Practicing for 21 years at Medical City in Dallas provided Dr. Griffith a wealth of experiences and lessons that she decided to bring back to her alma mater and impart to the next generation of doctors. This means that the material she teaches in her classes comes from more than just textbooks. Instead, it is informed and illustrated by personal experiences, allowing concepts and procedures to literally jump from the page as she helps you actually see them in practice.

Beyond her experiences, and ability to communicate these experiences, lies a heart that desires to see her students succeed. If you are in her class, you are *her* student, and she makes sure that you know what you need to know. Hardly a day goes by when Dr. Griffith is not staying late to help a student who is struggling to grasp a concept. With patience and compassion, as only a doctor could, she spends whatever time is needed to help the student understand without getting frustrated.

In addition to her role as professor, Dr. Griffith spends valuable time with students outside of the classroom, sponsoring Mu Delta Alpha, DBU's pre-med/pre-allied health organization, and helping students take their medical entrance exams. As sponsor of Mu Delta Alpha, she embodies the organization's mission of service and encourages students to make time to volunteer in hospitals or clinics. Not only does this provide a chance to help the community, but it also gives students hands-on expe-

riences with patients. Dr. Griffith also serves as a leader in a Christian student organization at UT-Southwestern Medical School. Along with other colleagues, she leads medical students and residents on medical mission trips to Mexico every year, providing free medical care and spiritual help.

Getting into medical school is not an easy task, but Dr. Griffith helps in every way that she can. Three years ago she started MCATers entirely as a service to the pre/med students. She spends one night a week teaching the concepts needed to pass the MCAT (Medical College Admission Test) and counseling the students on study skills, the application process, and interview skills. She receives no monetary compensation for these many extra hours, but her reward comes from the knowledge that there are DBU graduates finding success in the medical profession all over the world.

"She is a devoted and diligent professor, Christian, and friend to the people around her," explained Anne Ngobia, recent graduate of DBU also currently enrolled in medical school. "Being a godly woman, she uses her knowledge to guide others to the Author and Creator of it all. It is impossible to be around her and not sense the love of God."



Dr. Rachel Griffith (center) with DBU pre-med alumni and students (clockwise from left) Erin Schroeder, Caleb Whitenack, Vanessa Solis, and Anne Ngobia.